

SAY THIS INSTEAD OF THAT:

RESTORATIVE JUSTICE VOCABULARY

SAY THIS

INSTEAD OF THIS

WHAT HAPPENED?"

"HOW WERE YOU AFFECTED BY THIS?"

"WHAT DO YOU NEED TO FEEL SUPPORTED?"

"LET'S FIND A WAY TO MOVE FORWARD TOGETHER."

"WHY DID YOU DO THAT?"

"WHO IS TO BLAME?"

"WHAT'S YOUR EXCUSE?"

"YOU NEED TO DEAL WITH THE CONSEQUENCES."

SAY THIS

INSTEAD OF THIS

"LET'S EXPLORE WHAT LED TO THIS SITUATION."

"HOW CAN WE RESTORE TRUST AND RELATIONSHIPS?"

"WHAT STEPS CAN WE TAKE TO REPAIR THE HARM?"

"I APPRECIATE YOUR WILLINGNESS TO TAKE RESPONSIBILITY."

"THIS IS YOUR FAULT."

"YOU BROKE THE RULES."

"WHAT PUNISHMENT DO YOU THINK IS FAIR?"
"YOU SHOULD HAVE DONE BETTER."

SAY THIS

INSTEAD OF THIS

"WHAT CAN WE LEARN FROM THIS EXPERIENCE?"

"HOW CAN WE SUPPORT YOU IN MAKING DIFFERENT CHOICES?"

"LET'S DISCUSS HOW EVERYONE INVOLVED HAS BEEN IMPACTED."

"HOW CAN WE ENSURE THIS DOESN'T HAPPEN AGAIN?"

"YOU NEED TO LEARN YOUR LESSON."

"DON'T MAKE THAT MISTAKE AGAIN."

"YOU'VE CAUSED A LOT OF PROBLEMS."

"WE NEED TO AVOID THIS IN THE FUTURE."

SAY THIS

INSTEAD OF THIS

"I VALUE YOUR PERSPECTIVE."

"LET'S WORK TOGETHER TO UNDERSTAND EACH OTHER."

"WHAT CAN WE DO TO MAKE THINGS RIGHT?"

"YOUR VOICE IS IMPORTANT IN THIS PROCESS."

"THIS IS THE WAY IT IS."

"YOU NEED TO SEE IT MY WAY."

"YOU NEED TO FIX THIS."

"IT'S NOT UP FOR DISCUSSION."

SAY THIS

INSTEAD OF THIS

"LET'S FOCUS ON HEALING AND GROWTH."

"HOW CAN WE REBUILD OUR RELATIONSHIP?"

"WHAT SUPPORT DO YOU NEED TO MAKE AMENDS?"

"TOGETHER, WE CAN FIND A POSITIVE OUTCOME."

"THIS IS ABOUT PUNISHMENT."

"OUR RELATIONSHIP IS DAMAGED."

"YOU NEED TO PROVE YOURSELE."

"THERE'S NOTHING MORE WE CAN DO."